## Dr. Neha Dattatraya Gadgil Reader, Kriya Sharir

List of articles published

No.	f articles published Name of Journal and	Title	Issue date
110.	ISSN	Title	issue date
1	Mahratta ISSN – 0076-2571	Importance of Vegadharana as a Hetu of Pranavaha SrotasVyadhi.	Dec 2015
2	IJRAP ISSN (online) - 2229-3566 ISSN (print) – 2277- 4343	An understanding towards mode of action of benefits of Mantra chanting.	Mar - Apr 2016
3	Ayurpub ISSN - 2456-0170	Understanding symptoms of digestion in Ayurvedic perspective.	Nov - Dec 2016 Vol I, issue 5
4	IJRAP ISSN (online) - 2229-3566 ISSN (print) - 2277- 4343	A review on physiology of Purishavega (defecation reflex)	Jan – Feb 2017 8(1)
5	Ayurpub ISSN - 2456-0170	An understanding and comprehensive approach towards perimenopausal stress – a review	Jan – Feb 2019
6	IRJP (international research journal of pharmacy) ISSN (online) – 2230- 8407	Development of an objective parameter for agni parikshana with reference to jaranakala of unit quantity of lajamanda	March 2019
7	International journal of innovative knowledge concepts ISSN - 2454-2415	An observational study to quantify the measure of Anjali Pramana – a pilot study	Vol. 7, issue 7, July 2019
8	International journal of pharmaceutical research ISSN – 0975 - 2366	An observational study of effect of use of smart phones on sleep – a pilot study.	Jul - Dec 2020   Vol 12   Supplementary Issue 2
9	Ayurpub ISSN - 2456-0170	IMPACT OF DIFFERENT TYPES OF FOOD ON ANNAVAHA SROTAS (GIT) – A REVIEW	Jan-Feb 2021 Vol VI, Issue 1
10	International journal of pharmaceutical research ISSN – 0975 - 2366	A Pilot Survey Study of Menstrual Cycle Inapparantly Healthy Females of Different Body Mass Index	Apr - Jun 2021   Vol 13   Issue 2

11	Ayurpub ISSN - 2456-0170	IMMUNITY - THE AYURVEDA NOTION	March April 2021, vol VI, issue 2
12	Ayurpub	EFFECT OF SHATAVARI	May-Jun 2021 Vol VI, Issue
	ISSN - 2456-0170	(Asparagus racemosus) IN THE	3
		MANAGMENT OF	
13	Journal of	EPILEPSY-A REVIEW Antipyretic activity of Guduchi	33(32B):125-128 article no.
	pharmaceutical	(tinospora cordifolia) – a review	JPRI 69782
	research international		
	ISSN – 2456-9119		
14	Ayurpub	A case report of Kshudra	Jul-Aug 2021 Vol VI, Issue
1.5	ISSN - 2456-0170	Kushtha (page nos. 1827-1831)	4
15	International Journal	A Cross Sectional Study Of	Special Issue, 2021, 10(12):
	of Biology, Pharmacy and Allied Sciences	Analysis Of Urine As The Diagnostic Tool For Prameha-	311-318
	2277-4998	Nidan (page nos. 311-318)	
16	International Journal	Shodasha Sanskara – Principled	Special Issue 2, 2022, 11(1):
	of Biology, Pharmacy	Code Of Conduct (page nos. 1-	01-09
	and Allied Sciences	9)	
	2277-4998		
17	Journal of Ayurvedic	Garbhopanishad an Optimal	J. Ayu. Herb. Med. 2022;
	and Herbal Medicine	Doctrine over the Embryo: A	8(2): 88-93
	ISSN: 2454-5023	Literature Research	DOI:
			10.31254/jahm.2022.8206
18	Indian journal of	A single case study to evaluate	0976-0997
	natural sciences	the effect of ayurvedic	Feb 2024
		therapeutic bio purification for	
		the management of plaque	
4.5		psoriasis	
19	World Journal of	Reconnoitering Corelation Of	2277–7105
	Pharmaceutical	Status Of Agni And Stress	Oct 2024
	Research	Coping Capacity: An	
		Observational Study	

## List of published books -

Sl. No	Title of the Book / Book Chapter/ Edited	Publisher & Year of publication	National/ Internationa l	ISSN/ ISBN	Total No.of author	Your positio n as an author
1	Physical	Book Rivers,	International	978935515053	3	2 <sup>nd</sup>
	Examination of	Lucknow,		0 (ISBN)		
	Urine Ayurveda	UP, India				
	Perception of	2021				
	<u>Prameha</u>					

3	Ill Effects of Holding Urge of Defecation on Digestion from Ayurveda Point of View Kriya Sharir	Book Rivers, Lucknow, UP, India 2021	International  National	9789355150776 (ISBN) 978819526588	3	1 <sup>st</sup>
	Shlokavali	a Publications, New Delhi, India - 2021		6 (ISBN)		
4	Vaidhyayogini  – motivational stories towards empowerment	Book Rivers, Lucknow, UP, India 2021	International	978935515272 5 (ISBN)	editor	Editor
5	An experimental comparative evaluation of Shashtikashali, Methika and Metoclopramid e in serum prolactin	Book Rivers, Lucknow, UP, India 2022	International	978935515353 1 (ISBN)	4	1 <sup>st</sup>
6	Role of Dhatusarata and Manas Prakruti in perimenopausal women	Book Rivers, Lucknow, UP, India 2022	International	978935842493 5	2	2nd
7	Nurturing resilience for stress coping through Manasa Prakriti	Book Rivers, Lucknow, UP, India 2022	International	978935842814 8	3	2nd
8	Manasa Bhava (Krodha and Bhaya) in perimenopause	Book Rivers, Lucknow, UP, India 2022	International	978936884228 6	4	2nd

## List of paper presentation –

No.	Title of paper	Details of seminar	Organized by	Date
-----	----------------	--------------------	--------------	------

1	A study of relation between Purishavegadharana and Jatharagni	National seminar on digestion and metabolism in Ayurveda - PAVAK - 2016	Sumatibhai Shah Ayurveda Mahavidyalaya, Hadapsar, Pune - 411028	21/02/2016
2	An understanding and comprehensive approach towards perimenopausal stress	Swarajya is my birthright and I shall have it – Contennial of the clarion call (1916-2016) its contemporary relevence	Tilak Maharashtra Vidyapeeth, Pune	6/3/2017 to 7/3/2017 2 days
3	An observational study of effect of use of smart phones on sleep – pilot study.	National seminar on lifestyle disorder	Tilak Ayurved Mahavidyalaya, pune	22/09/2019 to 23/09 2019 2 days
4	An observational pilot study to develop an objective parameter for assessment of Bhrajaka Pitta with respect to coloration of skin after application of Madayantika (Lawsomia inermis)	National conference on physio-clinical aspects of Tridosha in health and disease	Department of Kriya Sharir, faculty of Ayurveda, Institute of medical sciences, BHU	30/09/2024 to 01/10/2024 2days
5	An analytical piot study of Bhajana Sanskara – effect of vessel on water	10 <sup>th</sup> world Ayurveda congress and Arogya 2024, dehradun	World ayurveda foundation	12/12/2024 to 15/10/2024 4 days

## List of seminars attended -

No.	Name	Level	Organized by	Date & duration
1	Interactive workshop on Ayurveda – clinical diagnosis in Ayurveda – subjective and clinical approach	National	Rashtriya Ayurveda Vidyapeeth, new Delhi	20/12/2012 to 22/12/2012 3 days
2	National conference on Ayurvedic management of Psoriasis	National	Tilak Maharashtra Vidyapeeth, Pune	24/01/2015 1 day
3	Career development programme	State	Sri Dharmasthala Manjunatheshwara college of Ayurveda & Hospital, Hassan	26/05/2015 to 27/05/2015 2 days

4	CME in Kriya Sharira	National	Tilak Ayurved Mahavidyalaya, Pune	03/08/2015 to 08/08/2015 6 days
5	National seminar on digestion and metabolism in Ayurveda - PAVAK - 2016	National	Sumatibhai Shah Ayurveda Mahavidyalaya, Hadapsar, Pune - 411028	21/2/2016 1 day
6	Science and technology for sustainable society	National	AVK college for women, Hassan	29/03/2016 1 day
7	CME on Role of medical professional in medical safety	State	HIMS, Hassan	24/8/2016 1 day
8	Workshop on scientific writing	State	Sri Dharmasthala Manjunatheshwara college of Ayurveda & Hospital, Hassan	26/08/2016 1 day
9	Welfare ethics and experimentation in laboratory animals	State	Department of pharmacology and toxicology, Veterinary college, Hassan	25/01/2017 1 day
10	Swarajya is my birthright and I shall have it – Contennial of the clarion call (1916-2016) its contemporary relevance	International	Tilak Maharashtra Vidyapeeth, Pune	6/3/2017 to 7/3/2017 2 days
11	National seminar on pancreatitis and hepatobiliary diseases	National	PIA	16/04/2019
12	National seminar on lifestyle disorder	National	Tilak Ayurved Mahavidyalaya, pune	22/09/2019 to 23/09 2019 2 days
13	CME on vertigo	State	PIMSR	23/10/2019
14	Workshop of nadipariksha – pulse 2019	state	PIAR	23/12/2019
15	Hypertension and its management 2020	state	Parul University	08/02/2020
16	Sarata assessment and clinical importance	National	Tripad Ayurvedam, Vadodara	09/02/2020
17	Awareness Programme on Pharmacovigilance of ASU& H Drugs	National	Institute of Teaching and Research in Ayurveda, Jamnagar	30/12/2020
18	National teacher's training programme	National	RAV & CCIM	4/3/2021 to 6/3/2021
19	IPR in research and education	National	GUJCOST sponsored organized by centre of	30/04/2021

			research and development	
			(CR4D), Parul University	
20	National Seminar on	National	Banaras Hindu University	21/10/2021
	Sangyaharan		(online)	
21	International Conference on	International	Gujarat board of Ayurved	19/11/2021
	Geriatric diseases - Care and		and Unani system of	
	Cure		medicicne and Parul	
			Unversity, Vadodara	
22	National conference of	National	Commission for scientific	27/03/2023
	progress and prospect of		and technical terminology,	to
	Ayurvedic terminologies in		ministry of education	29/03/2023
	present scenario with		j i i i i i i i i i i i i i i i i i i i	
	reference to teaching and			
	research			
23	Workshop on scientific	National	NCISM, new delhi	11/07/2024
	writing, research integrity		,	to
	and publication ethics			13/07/2024
24	Two-day training	National	Rashtriya Ayurveda	17/09/2024
	programme on IPR		Vidyapeeth in	to
			collaboration with Parul	18/09/2024
			Institute of Ayurved and	
			research	
25	National conference on	National	Department of Kriya	30/09/2024
	physio-clinical aspects of		Sharir, faculty of	to
	Tridosha in health and		Ayurveda, Institute of	01/10/2024
	disease		medical sciences, BHU	
26	10 <sup>th</sup> world Ayurveda	International	World ayurveda	12/12/2024
	congress and Arogya 2024,		foundation	to
	dehradun			15/10/2024