

Name of College with LOGO

AYURVEDACHARYA (B.A.M.S.)

THIRD PROFESSIONAL B.A.M.S.

<< Subject Name >>

(SUBJECT CODE : AyUG-)

JOURNAL /ACTIVITY BOOK

Name of the student :

Institutional Roll No. :

Examination Reg. No. :

Academic Year :

(Name of the College)

(Affiliated to –National Commission for Indian System of Medicines, New Delhi &

Name of the University)

Name of the department

Batch- _____

Certificate

This is to certify that, Mr. / Ms. _____, Enrolment Number-_____ has satisfactorily completed the Practicals in (Subject Name) prescribed by the (Name of University) as a part of the Third Professional B.A.M.S. Course.

Examination Seat No.: _____

Sign. of Teacher

Sign. of H.O.D.

Date of Examination- _____

Sign. Of Internal Examiner-_____

Sign. Of External Examiner-_____

JOURNAL /ACTIVITY BOOK

<< Subject name >>

(SUBJECT CODE : AyUG -)

Journal Cum Activity Book

DEPARTMENT OF

<< Name of Department >>

Name of the College

Section	Minimum No of cases to be included as per the following guidelines
A.	Garbhini Pareeksha -Antenatal case record (5)
B.	Prasava evum Sutika - Intrapartum & Postnatal record (10)
C.	Stree Roga - Gynaecological case record (10)
D.	Sthanika Upakrama- In-situ Treatment modalities (5)

Section A

GARBHINI PAREEKSHA-ANTENATAL CASE RECORD

Name:

Age:

Occupation:

Marital status:

Religion

OPD No:

IPD No:

DOA:

DOD:

Address:

Diagnosis:

Pradhana Vedana (Avadhiyukta) -

Anubandhi Vedana (Avadhiyukta) -

Vedana Vrittanta -

Poorva Vyadhi Vrittanta -

H/O: HTN / DM / Asthma / TB / HD / Epilepsy / STD / Nephritis / Rickets / Hepatitis

H/O Previous Surgeries:

Kula Vrittanta -

HTN / DM / Asthma / Colour Blindness / Twins / Congenital abnormalities / Bleeding disorders.

Chikitsa Vrittanta -

Vaiyaktika Vrittanta -

Diet:

Appetite:

Sleep:

Habits:

Bowels:

Micturition:

Nature of Work:

Rajo Vrittanta -

Age of Menarche

Previous Menstrual cycle: Regular / Irregular

Prasava Vrittanta - G P A L D

Anartava Kala - L.M.P.

E.D.D.

P.O.G.

Poorva Prasava Vrittanta -

Order of Delivery	Pregnancy events	Labour events	Mode of Delivery	Puerperium	Pregnancy Outcome Live/Stillborn/Sex/Weight

Contraceptive History -

Duration:

Method used: Safe method / IUCD / OCP / Condoms / Others

General Examination -

Pallor :

Height :

Oedema :

Weight :

Cyanosis :

Pulse :

Icterus :

Temperature :

Lymph Nodes :

Blood Pressure :

Breasts :

Respiratory Rate :

Nipples : Normal/ Inverted

Samsthanika Pareeksha (Systemic Examination) -

RS :

CVS :

CNS :

DashavidhaPareeksha

	PRAVARA	MADHYAMA	AVARA
Prakriti			
Vikruti			
Sara			
Samhanana			
Pramana			
Satmya	Sarva rasa	Madhyama rasa	Ekarasa
Satwa			

Ahara Shakti

Vyayama Shakti

Vaya

Baala

Madhyama

Jeerna

Antenatal Examination (P/A) -

Previous Scar / Any other Observation :

Abdominal Examination :

Fundal Height :

Lie :

Presentation :

FHS :

Vaginal Examination (P/V) -

Investigations -

Hb% :

VDRL :

Blood Group &Rh :

HbsAg :

RBS :

HIV :

BT :

CT :

Urine routine :

TSH :

Platelet count :

Others :

USG -

Immunization -

Chikitsa -

Pathya- Apathya :

Follow up :

Date:

Complaints :

Weight :

BP:

PR:

Oedema:

Examination :

Investigations

Treatment :

Signature of the Teacher

Signature of the Student

SECTION B

**PRASAVA AND SOOTIKA PAREEKSHA
(INTRAPARTUM & PUERPERAL RECORD)**

Name:

Age:

Occupation:

Marital status:

Religion:

OPD No:

IPD No:

DOA:

DOD:

Address

Diagnosis:

Pradhana Vedana -

Aavi Pradurbhava :

Yoni Prasravana :

Garbhodaka Pravaha :

Anubandhi Vedana -

Vedana Vrittanta -

Poorva Vyadhi Vrittanta -

H/O: HTN / DM / Asthma / TB / HD / Epilepsy / STD / Nephritis / Rickets / Hepatitis

H/O Previous Surgeries :

Kula Vrittanta -

HTN / DM / Asthma / Colour Blindness / Twins / Congenital abnormalities / Bleeding disorders

Vaiyaktika Vrittanta -

Diet :

Appetite :

Sleep :

Habits :

Bowels :

Micturition :

Nature of Work :

Anartava Kala -

L.M.P :

E.D.D:

P.O.G:

Poorva Prasava Vrittanta (Obstetric History)

Order of Delivery	Mode of Delivery	Complications if any	Pregnancy Outcome Live/Stillborn/Sex/Weight

Contraceptive History -

Duration :

Method used : Safe method / IUCD / OCP / Condoms / Others

Investigations -

Hb% :

HbsAg :

Blood Group &Rh :

HIV :

RBS :

VDRL :

BT :

CT :

TSH :

Platelet Count :

Urine routine :

USG

Others –

General Examination

Height :

Pulse :

Weight :

Temperature :

Blood Pressure :

Respiratory Rate :

Samsthanika Pareeksha

RS :

CVS :

CNS :

LABOUR ASSESSMENT (At Admission) -

Udara Pareeksha (P/A) -

Fundal Height:

Presentation:

Uterine contractions:

FHS: _____ bpm

Yoni Pareeksha (P/V) -

Cervical Dilatation:

Cervical Effacement:

Status of Membranes : Absent / Present

Time of Rupture :

Mode of rupture : Spontaneous / Artificial

Garbhodaka(Liquor):

Amount: Less / Average / Excess

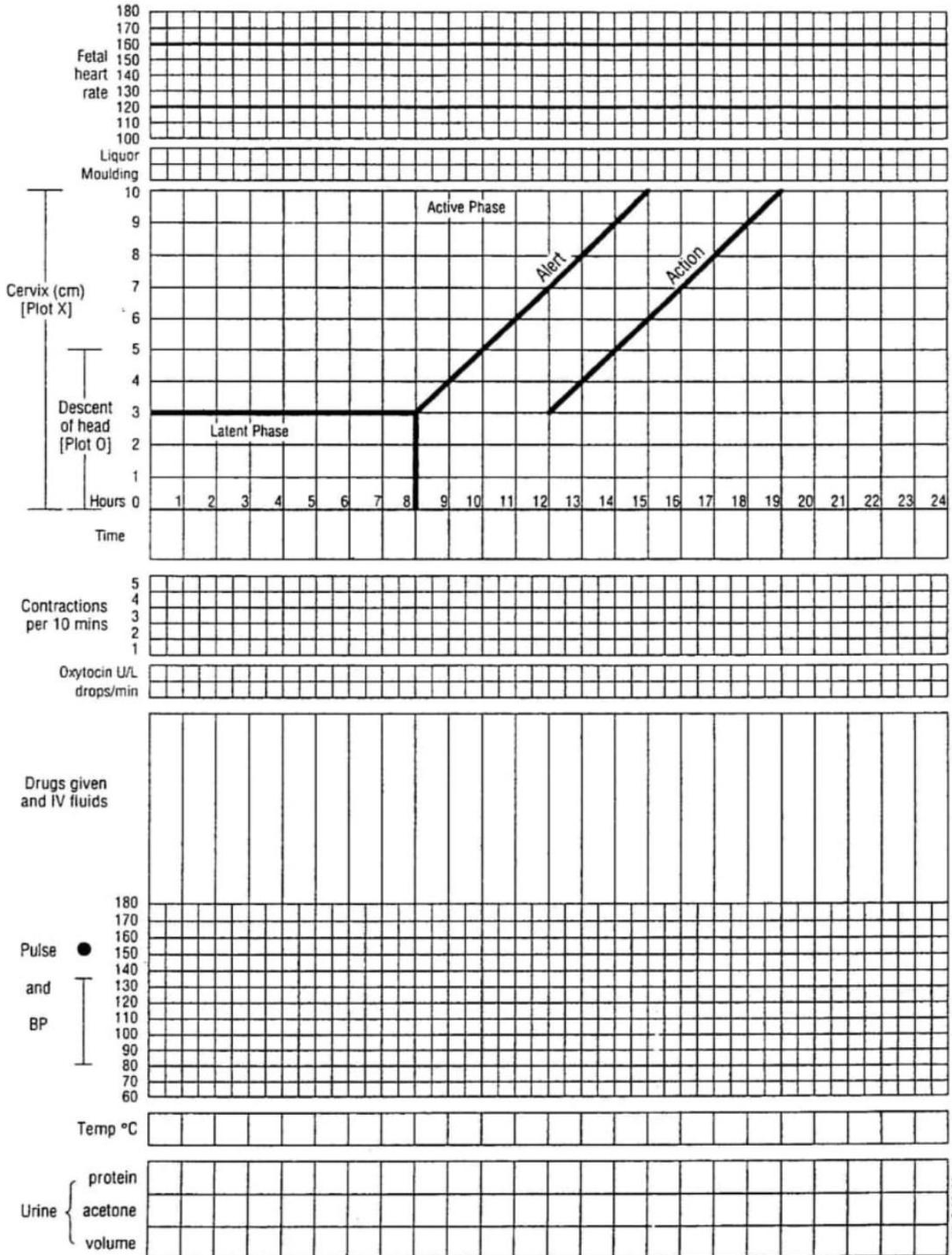
Colour: White / Yellow / Meconium Stained

Consistency: Thin / Thick

WHO SIMPLIFIED PARTOGRAPH

PARTOGRAPH

Name	Gravida	Para	Hospital no.
Date of admission	Time of admission	Ruptured membranes	hours



Mode of Assistance -

Vitapa Chedana (Episiotomy)

Prasava Samdansha Yantra (Forceps)

Nirvata Yantra (Ventouse)

Shastra Karma (LSCS)

Indication for Assistance –

Complications (If Any) –

Prasava Kala:

Avyavrutta kala (1st Stage):

Garbha niskramana kala (2nd Stage):

Apara Patana Kala (3rd Stage):

Details of Nabhinaadi / Apara / Jarayu -

Nabhi Naadi Dairgya:

Anya Vikruti: Knot (True/False): Absent/Present

Apara Patana Prakara: Spontaneous / Manual Removal

Weight of Placenta:

Navajata Shishu Vivarana / Newborn Details -

Sex: M /F

Time of Birth:

APGAR score at 1 min:

APGAR score at 5 min:

Weight:

Congenital anomalies if any :

Labour Details :

SOOTIKA PAREEKSHA (POSTNATAL EXAMINATION)

Days	BP	PR	Temp	Height of Uterus	Lochia Lactation (Involution)	Perineum SFH
Day 1						
Day 2						
Day 3						
Day 4						
Day 5						

Chikitsa -

Pathya & Apathya -

Advice on Contraception -

Condition on discharge -

Follow up -

Signature of Teacher

Signature of the Student

SECTION C
STREEROGA PAREEKSHA
GYNAECOLOGICAL CASE RECORD

Name: OPD No:

Age: IPD No:

Occupation: DOA:

Marital status: DOD:

Religion : Address :

Diagnosis:

Pradhana Vedana (Avadhiyukta) -

Anubandhi Vedana (Avadhiyukta) -

Vedana Vrittanta -

Poorva Vyadhi Vrittanta -

H/O: HTN / DM / Asthma / TB / HD / Epilepsy / STD / Nephritis / Rickets / Hepatitis

H/O Previous Surgeries :

Kula Vrittanta -

HTN / DM / Asthma / Colour Blindness / Twins / Congenital abnormalities / Bleeding disorders.

Vaiyaktika Vrittanta -

Diet :

Appetite :

Sleep :

Habits :

Bowel :

Micturition :

Rajo Vrittanta –

Age of Menarche :

Menstrual cycle : Regular / Irregular

Rajah Kala (Duration) :

Interval -

Pramana (Amount) :

Anubandhi Vedana :

Poorva Prasava Vrittanta -

Order of Delivery	Pregnancy events	Labour events	Mode of Delivery	Puerperium

Contraceptive History -

Duration :

Method used : Safe method / IUCD / OCP / Condoms / Others

(A) Ashta Sthana Pareeksha -

Nadi :

Shabda (BP) :

Mootra :

Sparsha (Temp) :

Mala :

Drik :

Jihwa :

Akriti (Built)

(B) Dashavidha Pareeksha -

Prakriti
Sara
Samhanana
Pramana
Satmya
Satwa
Ahara Shakti
Vyayama Shakti
Vaya
Ahara Shakti
Vyayama Shakti
Vaya

Samsthanika Pareeksha -

RS :

CVS :

CNS :

Udara pareeksha / Abdominal Examination (P/A) -

Sthanika Pareeksha (Pelvic Examination) -

P/S :

P/V :

Prayogashala Pareeksha (Investigations) -

(C) Pancha lakshana nidana :

Nidana

Poorva roopa

Roopa

Samprapti

Upashaya / Anupashaya

Upadrava

Sadhyasadhyata

Samprapti Ghataka

Dosha :

Dushya :

Dhatu :

Upadhatu :

Mala :

Agni :

Ama :

Srotas :

Udbhava Sthana :

Sanchara Sthana :

Vyakta Sthana :

Adhistana :

Rogamarga

Srotovaigunya - Atipravritti / Sanga / Vimargagamana / Sira granthi

Vyavacchedaka Nidana (Differential Diagnosis) -

Vyadhi Viniscchaya (Final Diagnosis) –

Chikitsa Sootra (Line of Treatment) -

Chikitsa (Treatment) -

Shodhana : Vamana / Virechana / Vasti /Nasya / Raktamokshana

Shamana :

Sthanika upakrama :

Follow up :

Signature of Teacher

Signature of the Student

SECTION D
STHANIKA UPAKRAMA
IN SITU TREATMENT RECORD

Name: OPD No:

Age: IPD No:

Occupation: DOA:

Marital status: DOD:

Religion: Address :

Diagnosis:

Name of Upakrama -

Poorva Karma -

Pradhana Karma

Paschat Karma

Upadrava if any / management –

Observation:

Day	Date	Name of sthanika upkrama				Sign of Student	Sign of teacher
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

